



MIXED TEAM FINAL

COMPETITION FORMAT & RUNNING ORDER

Appendix 12

COMPETITION FORMAT

Qualification for MTF

- Qualification for the MTF will come from the MAG and WAG Qualification Competition
- A Mixed Team will comprise of one (**1**) Male & one (**1**) Female Gymnast from each Federation
- MAG will compete on Floor, P-Bars & H-Bar
- WAG will compete on Vault, Beam & Floor
- The MAG gymnast with the highest total score across Floor, P-Bars & H-Bar **PLUS** the WAG gymnast with the highest total score across Vault, Beam & Floor from a Federation will form the Mixed Team for their Federation.
- The Best 16 Mixed Teams will qualify for the Mixed Team Final
- Qualification is by NAME and not by Federation (Gymnasts cannot be substituted unless they are injured).
- There will be 4 “Rounds” in the Mixed Team Final

Round 1 (approx. 40 min)

- All 16 Mixed Teams compete in Round 1
- Gymnasts can choose the order on which they compete on the relevant Apparatus, for example, a WAG gymnast may decide to compete on Beam in Round 1 and chose to compete on Vault in Round 2 (Olympic order does not apply)
- An Apparatus cannot be repeated
- If a WAG gymnast chooses to compete on Vault in either Round 1 or Round 2 – Only 1 Vault is required.

Round 2 – The Semi Finals (approx. 40 min)

- At the end of Round 1, the 8 Mixed Teams with the **Highest Total Score from Round 1** will qualify for “Round 2 – The Semi Finals”.
- In Round 2, gymnasts must compete on an apparatus they have **not yet** competed on.
- No Scores are carried forward from Round 1 (All Mixed Teams start from “0”)
- Round 2 will determine what 4 Teams advance to the Bronze Medal (2) & Gold Medal Final (2).

Round 3 – The Bronze Medal Final (approx. 15 min)

- This round will decide the “Bronze Medal”
- The 3rd placed team from Round 2 will compete against the 4th placed team from Round 2.
- No scores are carried forward from Round 3 (All Mixed Teams start from “0”).
- In Round 3, gymnasts must compete on the apparatus they have **not yet** competed on.
- If a WAG gymnast chooses to compete on Vault in Round 3 – 2 Vaults are required with FIG Rules applying.
- The Mixed Team with the **Highest Total Score** at the end of Round 3 will determine the winner of the Bronze Medal.

Round 4 – The Final (approx. 15 min)

- This Round will decide the Silver & Gold Medal Winners.
- No scores are carried forward from Round 2 (All Mixed Teams start from “0”).
- In Round 4, gymnasts must compete on the apparatus they have **not yet** competed on.
- If a WAG gymnast chose to compete on Vault in Round 4 – 2 Vaults are required with FIG Rules applying.
- The Mixed Team with the **Highest Total Score** at the end of Round 4 will determine the ranking for Silver & Gold Medals.



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RUNNING ORDER

General

- All NFs should complete **Appendix 13** "Mixed Team Final - Confirmation of Order of Apparatus", for **all 3 Rounds** and submit it to the LOC Information Desk no later than 10am on the morning of the competition.
- In all Rounds, all Gymnasts will receive a touch warm-up on the FOP.
- In **Rounds 1, 2 & 3** when MAG & WAG gymnasts are on Floor at the same time, WAG gymnasts will warm-up first followed by MAG. The competition will then commence with the first WAG gymnast followed by the first MAG gymnast etc.
- In **Round 4** when MAG & WAG gymnasts are on Floor at the same time, MAG gymnasts will warm-up first, followed by WAG. The competition will then commence with the first MAG gymnast followed by the 1st WAG gymnast.
- Once each Round begins, Teams are free to return to the warm-up hall if they wish, without any special approval, in order to train on the apparatus. Gymnasts are fully responsible for returning on time to the competition hall when required to perform their routine.
- If teams do not return to the warm-up hall, they are asked to sit in the designated seating area until they are due to compete. When they are due to compete, they should make their way to the relevant apparatus.

Round 1

- All Teams will march in & be presented.
- There will be 3 / 4 Subdivisions in Round 1 (the number of Subdivisions will depend on the apparatus choice of the gymnasts).
- In Round 1, WAG & MAG Gymnasts will **NOT** alternate.
- Where possible, the position / subdivision a gymnast competes in, will reflect their TEAM ranking after the QC.
- The final approved starting order will be confirmed to all NF by 14:00 on the day of the competition.
- A sample of what the starting order could look like is below for your information.
- There will be a pause of approx. 2 minutes between each Subdivision.

Subdivision 1	Subdivision 2	Subdivision 3
16 th	15 th	14 th
13 th	12 th	11 th
10 th	9 th	8 th
7 th	6 th	5 th
4 th	3 rd	2 nd
		1 st

- At the end of each subdivision, gymnasts should remain on the FOP and sit in the designated seating area.
- At the end of Round 1, the 8 Teams who have qualified for Round 2, will be announced by the LOC.
- There will be a short pause between Round 1 & 2.
- Teams who do not qualify for Round 2 are free to remain on the FOP and watch the competition from the designated seating area. If they decide to leave, they are asked to do so quietly.



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Round 2

- 8 Teams qualify for Round 2.
- There will be 2 Subdivisions in Round 2.
- There will be a pause of approx. 2 minutes between each Subdivision.
- Teams who have competed in Subdivision 1 are asked to remain on the FOP and watch Subdivision 2 from the designated seating area.
- WAG & MAG Gymnasts will alternate – Starting with WAG.
- The starting order for Round 2 will reflect the Teams ranking at the end of Round 1 (8th place to 1st place) and is detailed below (Subdivision 1 & 2).

STARTING ORDER FOR SUBDIVISION 1 – ROUND 2	
(1) WAG GYMAST – TEAM RANK 8	
	(2) MAG GYMNAST – TEAM RANK 8
(3) WAG Gymnast – TEAM RANK 7	
	(4) MAG GYMNAST – TEAM RANK 7
(5) WAG GYMNAST – TEAM RANK 6	
	(6) MAG GYMNAST – TEAM RANK 6
(7) WAG GYMNAST – TEAM RANK 5	
	(8) MAG GYMNAST – TEAM RANK 5

STARTING ORDER FOR SUBDIVISION 2 – ROUND 2	
(1) WAG GYMAST – TEAM RANK 4	
	(2) MAG GYMNAST – TEAM RANK 4
(3) WAG Gymnast – TEAM RANK 3	
	(4) MAG GYMNAST – TEAM RANK 3
(5) WAG GYMNAST – TEAM RANK 2	
	(6) MAG GYMNAST – TEAM RANK 2
(7) WAG GYMNAST – TEAM RANK 1	
	(8) MAG GYMNAST – TEAM RANK 1

- At the end of Round 2, all gymnasts who have qualified for Round 3 (The Bronze Medal Final) and Round 4 (The Gold & Silver Medal Final), will be announced by the LOC.
- There will be a short pause between Round 2 & Round 3.
- Teams who do not qualify for Round 3/4 are free to remain on the FOP and watch the competition from the designated seating area. If they decide to leave, they are asked to do so quietly.



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Round 3 – The Bronze Medal Final

- WAG & MAG Gymnasts will alternate – Starting with WAG.
- The starting order for Round 3 will reflect the Teams ranking at the end of Round 2 and is detailed as follows:-

STARTING ORDER – BRONZE MEDAL FINAL	
(1) WAG GYMAST – RANK 4	
	(2) MAG GYMNAST – RANK 4
(3) WAG GYMNAST – RANK 3	
	(4) MAG GYMNAST – RANK 3

- Gymnasts scores will not be released after they perform their exercise, they will be held until the end of the Round and then announced.
- After each gymnast has competed, the coach in question should make their way to the Inquiry Desk where they will be shown their gymnasts D-Score & Neutral deductions. The coach can then decide on whether they wish to lodge an inquiry or not (FIG protocol around the timing of inquiries applies).
- After the Gymnasts perform, they are asked to make their way to the Kiss & Cry Area.
- At the end of Round 3, the LOC will announce the winner of the “Bronze Medal”.
- At the end of this round, all gymnasts should return to the designated seating area for Teams on the FOP.
- There will be a short pause between Round 3 & Round 4.

Round 4 – Gold & Silver Medal Final

- WAG & MAG Gymnasts will alternate – Starting with MAG.
- The starting order for Round 4 will reflect the Teams ranking at the end of Round 2 and is detailed as follows:-

STARTING ORDER – GOLD & SILVER MEDAL FINAL	
(1) MAG GYMAST – RANK 2	
	(2) WAG GYMNAST - RANK 2
(3) MAG GYMNAST – RANK 1	
	(4) WAG GYMNAST - RANK 1

- Gymnasts scores will not be released after they perform their exercise, they will be held until the end of the Round and then announced.
- After each gymnast has competed, the coach in question should make their way to the Inquiry Desk where they will be shown their gymnasts D-Score & Neutral deductions. The coach can then decide on whether they wish to lodge an inquiry or not (FIG protocol around the timing of inquiries applies).
- After the Gymnasts perform, they are asked to make their way to the Kiss & Cry Area.
- At the end of Round 4, the LOC will announce the winners of the “Gold & Silver Medals”.
- This marks the end of the Competition. All Gymnasts will march out of the FOP & the 3 winning teams will gather for the medal presentation.